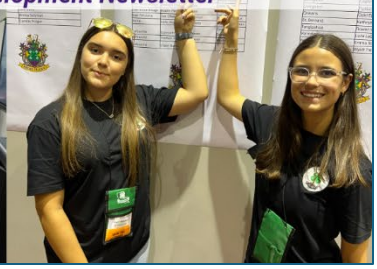
4-H YD NEWS

November/December 2026

St. Charles Parish 4-H Youth Development Newsletter







Upcoming Events

November

1: 4-H Enrollment forms due
3-4: Regional 4-H Challenge Camp
17: 4-H Culinary Arts Contest
26-27: LSU AgCenter office closed

December

1: 4-H Photo Contest due
8: 4-H Culinary Arts Contest
24-Jan. 1: LSU AgCenter office closed

January

1: LSU AgCenter Office closed
1: 4-H Photo Contest due
8: Louisiana 4-H Night with the New Orleans Pelicans
12: 4-H Culinary Arts Contest
18: LSU AgCenter Office closed

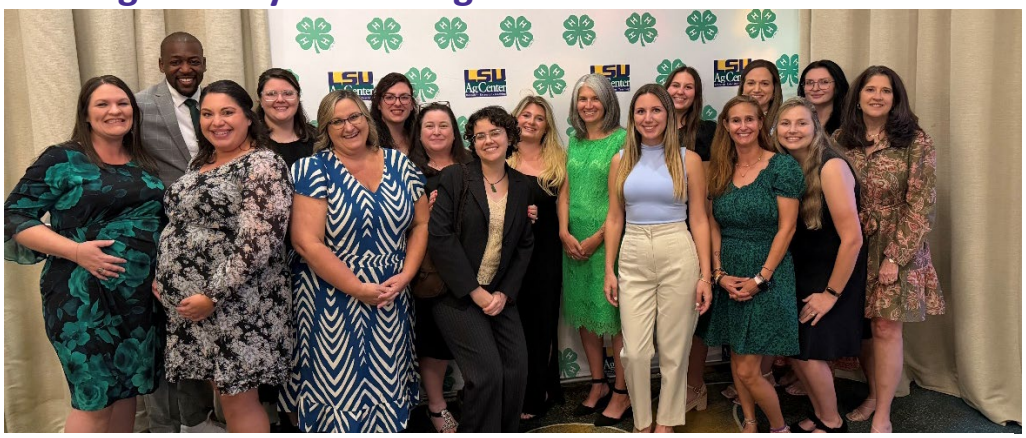
Check out our LSU AgCenter website and social media for additional opportunities.

For more information, contact your LSU AgCenter Extension Office

St. Charles Parish LSU AgCenter
Physical Address:
453 Spruce Street, Norco, La.
Mailing Address:
P.O. Box 557, Norco, LA 70079
Phone: 985-785-4473
Office Hours: M-F 8:00 a.m. - 4:30 p.m.
Closed 12:30 p.m. - 1:00 p.m.
4-H Agent: Dr. Kali Zammit
Email: kzammit@agcenter.lsu.edu
Website: www.lsuagcenter.com/stcharles

The LSU AgCenter provides equal opportunities in programs and employment. Find detailed information at www.lsuagcenter.com/eeo. Should you need any ADA accommodations, please contact Dr. Kali Zammit at 985-785-4473 no later than 10 days prior to the event.

Message from your 4-H Agent



A major part of 4-H is learning how to use your hands for larger service to help your community. We want you to make a special effort to help those around you. Some ways that you can engage in your community is by participating in the 4-H Toy and Food Drive and your own Beyond Ready service project for this month. Everyone is encouraged to do their part to give back with 4-H by using your hands to serve our St. Charles Parish community and beyond!

Dr. Kali Zammit, *St. Charles Parish 4-H Agent*

Pictured with Southeast Region 4-H Agents who serve Southeast Louisiana communities

Rock Your 4-H Records! (4th-12th grade)

Throughout the year, 4-H members are encouraged to keep records of all 4-H and non-4-H leadership, community service, and awards in which they have participated or received. **All 4-H Record Books will be due to the 4-H Agent by April 1.** 4-H members who are recognized as **Outstanding 4-H Records Award** recipients at the parish level will be considered for the State 4-H Records Contest. Congratulations to **Dalton Zammit** who was recognized as **State 4-H Records Contest Award Winner** this summer! To begin working in your 4-H Record Book for the contest, download a digital copy of the 4-H Record Book by visiting Records Judging or scanning the QR code.

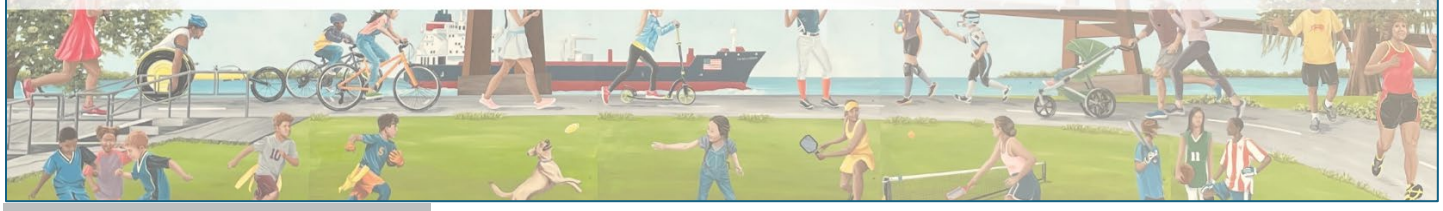
4-H Toy and Food Drive

Celebrate the season by using your hands to larger service! 4-H clubs are encouraged to conduct a Toy and/or Food Drive to help our community. Clubs may donate to school families or contact the St. Charles Parish LSU AgCenter Office by December 1 for collection and donation options.



LEARN BY DOING

St. Charles Parish 4-H is BEYOND READY!



Beyond Ready Meter

Help to make our best even better! Everyone is encouraged to do your part to help our St. Charles Parish 4-H Program reach its Beyond Ready Goal, which includes the

Louisiana 4-H Fantastic 4 Principles.

Check out our monthly newsletters for ideas to reach our goal and highlights of our success. Use the Beyond Ready Meter below to learn how you can help our parish to achieve National 4-H Beyond Ready status again this year!



Beyond Ready METER

Enrollment

- **4-H Program Goal:** To increase school & community club membership
- **To do:** All 4-H Clubs are encouraged to increase enrollment by 1 new member. All 4-H Enrollment forms are due to the 4-H Office by **November 1**.

Leadership

- **4-H Program Goal:** To increase participation in 4-H Jr. Leader Club & enhanced leadership opportunities
- **Jr. Leader Club:** Students in 7th-12th grade may contact the 4-H Office to receive Jr. Leader Club information or visit our website for more leadership opportunities.

Civic Engagement

- **4-H Program Goal:** To increase club participation in service projects
- **To do:** Service is a major part of our 4-H program. Each club is encouraged to conduct at least 1 community service or service-learning project each year.

4-H Camp & 4-H University

- **4-H Program Goal:** To increase 4-H Camp attendance and to have at least 10 youth participate in 4-H University programs
- **To do:** Visit our website for updates.
- **Save the date:** 4-H University will be held **June 22-25, 2027**.

Explore St. Charles Parish 4-H on our Official Website

This year all of our programs, opportunities, contests, and more will be posted on our LSU AgCenter website. We encourage all 4-H'ers and families to explore our website for program information and updates throughout the year. Please visit our official websites for upcoming events and program updates:

LSU AgCenter Main page:
www.LSUAgCenter.com/StCharles

St. Charles Parish 4-H Main page:
www.LSUAgCenter.com/StCharles4H

What's New This Month?

Awards
This section includes 4-H award applications and announcements.

Camps and Events
4-H Camp information will be distributed after the new year. Don't forget to visit the Louisiana 4-H Facebook page for additional statewide opportunities.

Clubs
Learn more about joining one of our many 4-H community project club by visiting the articles within this section of our website.

Contests
4-H Culinary Arts and Photography Contests will be happening in November and December. Visit this section for all rules associated with these contests and more.

4-H Newsletters
Our monthly 4-H newsletters are included in this section of our website.

Resources and More
This section includes additional resources and articles relevant to our 4-H program.

Additional Resources

For more information and opportunities, visit these social media outlets:
Parish Facebook Page – www.facebook.com/LSUAgCenterStCharlesParish
Louisiana 4-H Facebook Page – www.facebook.com/Louisiana4H
Stay updated with your 4-H Club Google Classroom for club updates.

Above and Beyond Partners

Thank you to our continued partners of the St. Charles Parish 4-H Program:

BEYOND READY

4-H Experience Worksheet

A 4-H Youth Development Program of the LSU AgCenter

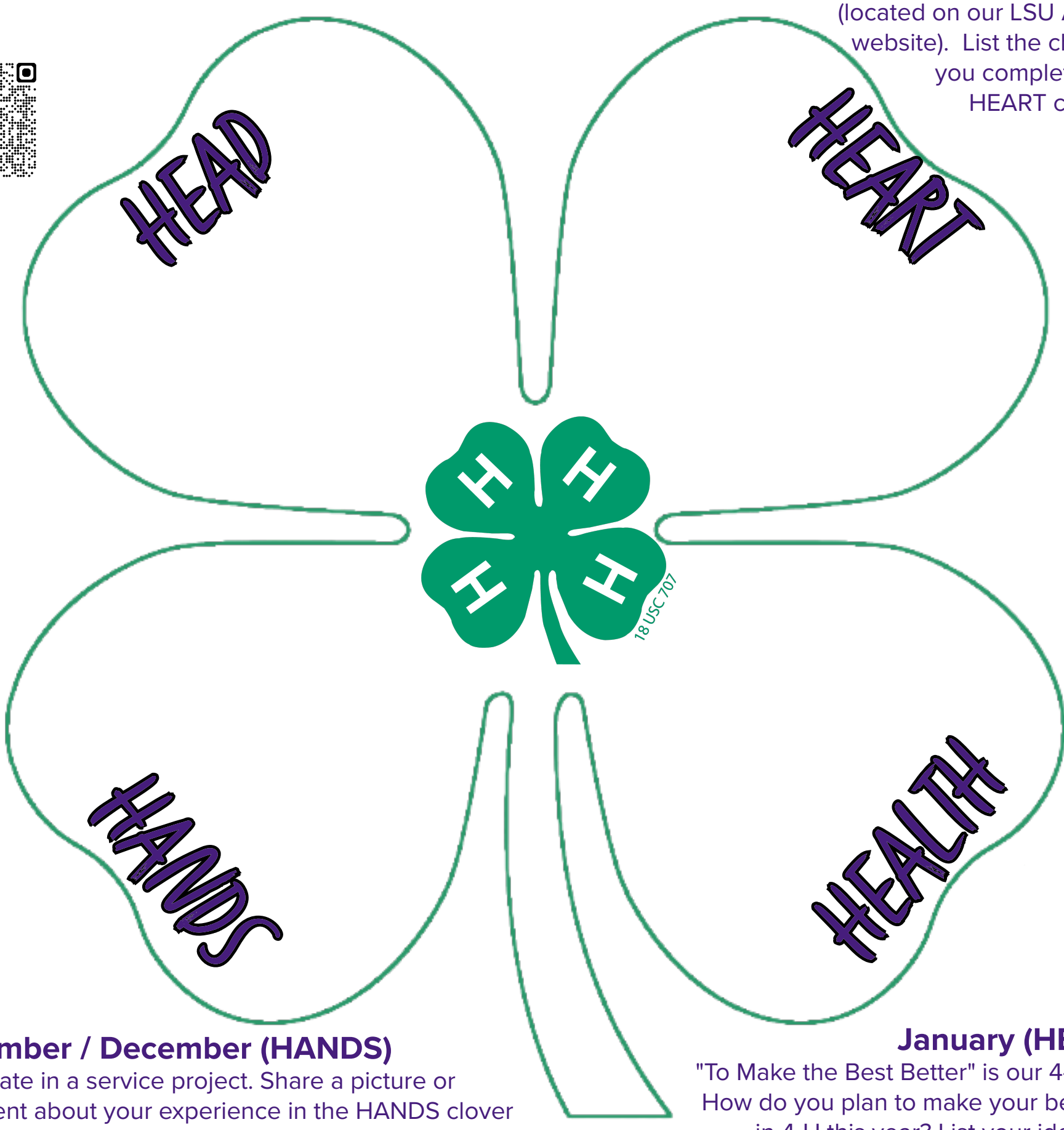
Name: _____ **4-H Club:** _____

September (HEAD)

Explore our St. Charles Parish LSU AgCenter website (www.lsuagcenter.com/stcharles). List what you learned about 4-H this month in the HEAD clover leaf below.

October (HEART)

The 4-H slogan is "Learn by doing." This month we would like for you to learn more about 4-H by participating in the National 4-H Week Challenge (located on our LSU AgCenter website). List the challenges you completed in the HEART clover leaf below.



November / December (HANDS)

Participate in a service project. Share a picture or statement about your experience in the HANDS clover leaf above.

January (HEALTH)

"To Make the Best Better" is our 4-H motto. How do you plan to make your best better in 4-H this year? List your ideas in the HEALTH clover leaf above.

BEYOND READY

4-H Experience Worksheet

A 4-H Youth Development Program of the LSU AgCenter

Name: _____ **4-H Club:** _____

February (CLUB, COMMUNITY, COUNTRY, WORLD)

Now is the time to start recording your activities, accomplishments, and achievements in your 4-H club, parish community, country, and world! Use the space below to help with record-keeping. If you have not yet participated in opportunities in each level, you still have time to try something new to gain leadership, civic engagement, and community experience and achievements.

Leadership

List your leadership experience.
List "4-H" in the title if it is a 4-H Leadership activity.
Examples: 4-H Secretary, Led Student Council Workshop

Citizenship & Community Service

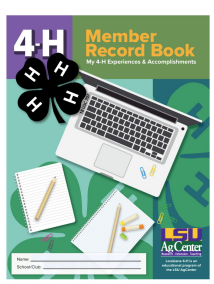
Describe your Community Service activities. List "4-H" in the title if it is a 4-H Citizenship or Community Service activity.
Example: Donated 5 canned goods to 4-H Food Drive

Awards & Recognition

List all Awards & Recognition that you received this year.
List "4-H" in the title if it is a 4-H Award or Recognition.
Examples: Student of the Month,
3rd place 4-H Photography Contest

4-H Project Work

Select one of the following 4-H Project Areas: Civic Engagement, Healthy Living, or STEM. List any projects or activities that you participated in this year within this project area.
Examples: STEM - Photography Contest; Civic Engagement - Any service project; Healthy Living - Cookery Contests



March (4-H RECORDS CONTEST)

Include the information you listed above and any additional experiences in your 4-H Member Record Book. Scan the QR code to download a digital version of the 4-H Member Record Book to enter the 4-H Record Book Contest. The parish 4-H contest is open to **4th - 12th grade 4-H members**. 4-H Record Books must be submitted to our St. Charles Parish LSU AgCenter Office by **April 1.**